

CARDIOVASCULAR DISEASE IN SOUTH ASIANS CONFERENCE

PARTNERING FOR A HEALTHIER FUTURE



Session 1: Wednesday, October 23, 2024

Session 2: Wednesday, October 30, 2024

Time: 7:00 - 9:00 pm EDT

Conference Objective:

Identify, evaluate, and treat South Asian patients with and at risk for cardiovascular disease.

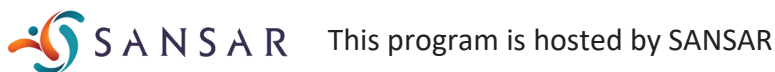
Agenda

| Session 1 | | Wednesday, October 23, 2024 | | Co-Chairs: Milan Gupta/Alka Kanaya | |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|--|------------------------------------|--|
| Time | Topic | Speaker | | | |
| 7:00 pm | Opening comments | | | | |
| 7:10 pm | ASCVD in South Asians – a North American perspective Describe the burden of ASCVD of South Asians in North America | Alka Kanaya San Francisco, CA | | | |
| 7:30 pm | Polygenic risk scores or epigenetics – what explains the excess risk? Discuss possible hypotheses underlying the excess ASCVD risk in South Asians | Aniruddh Patel Boston, MA | | | |
| 7:50 pm | Emerging risk markers – Lp(a) and coronary calcium Determine the role of Lp(a) and coronary calcium score on cardiovascular risk stratification | Khurram Nasir Houston, TX | | | |
| 8:10 pm | Clinical risk assessment in South Asians Describe approaches to risk assessment for South Asian patients | Jaideep Patel Ellicott City, MD | | | |
| 8:30 pm | Discussion | | | | |
| 9:00 pm | Closing | | | | |

This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 2.00 Mainpro+® credits

| Session 2 | | Wednesday, October 30, 2024 | | Co-Chairs: Milan Gupta/Alka Kanaya | |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|--|------------------------------------|--|
| Time | Topic | Speaker | | | |
| 7:00 pm | Opening comments | | | | |
| 7:10 pm | Presentation of the 2024 SANSAR/Burgundy Young Investigator Award | | | | |
| 7:30 pm | Optimizing lifestyle behaviours in South Asians Identify strategies to optimize lifestyle behaviours that reduce cardiovascular risk for South Asian patients | Namratha Kandula Chicago, IL | | | |
| 7:50 pm | Lipid management Identify culturally appropriate assessment and management strategies for South Asian patients with dyslipidemia. | Milan Gupta Brampton, ON | | | |
| 8:10 pm | Diabetes/obesity/CKD management Identify culturally appropriate assessment and management strategies for South Asian patients with diabetes, obesity and/or CKD. | Akshay Jain Surrey, BC | | | |
| 8:30 pm | Roundtable discussion: Developing a plan forward Consider broad North American strategies to reduce the burden of ASCVD amongst South Asians | All | | | |
| 9:00 pm | Closing | | | | |

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VIRTUAL WEBINAR



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Members of the American Academy of Family Physicians are eligible to receive up to 4.00 Prescribed credit hours for attendance at this meeting/event due to a reciprocal agreement with the College of Family Physicians of Canada.