




SATURDAY
 **April 26, 2025**
 9:00 – 3:20 pm EDT

CCRN's 2nd Annual
**Minding
 Mental Health
 in Primary Care**

VIRTUAL

Conference Learning Objectives

- Effectively screen for and diagnose various mental health conditions
- Apply evidence-based treatment options
- Identify when to refer patients for specialist consultation and collaborate with an interdisciplinary team to provide optimal support for patients

Agenda

Time	Topic	Faculty
9:00 – 9:05	Welcome	Margie Oakander
9:05 – 9:10	Introductions	Tom Janzen
9:10 – 9:30	Adult autism: Doc I think I'm on the spectrum!	TBC
9:30 – 10:10	ADHD: Pills and skills for ADHD	TBC
10:10 – 10:30	Bipolar Affective Disorder: What is the prognosis?	TBC
10:30 – 10:55	Q&A	Tom Janzen
10:55 – 11:05	Refreshment break	
11:05 – 11:10	Introductions	Christine Palmay
11:10 – 11:30	MDD: Update on the guidelines - The first year in perspective	TBC
11:30 – 11:50	Alzheimer's and cognitive impairment: Is there hope for a brighter future?	TBC
11:50 – 12:10	Sleep and its role in your mental health: Is sleep the most important symptom in mental health?	TBC
12:10 – 12:30	Q&A	Christine Palmay
12:30 – 1:15	Lunch and Sponsor Sessions	
1:15 – 1:20	Introduction	Jane Flynn
1:20 – 2:00	AI in mental health	TBC
2:00 – 2:20	Metabolics in Mental Health: Doctor will this medication make me gain weight?	TBC
2:20 – 2:50	The renaissance of psychedelics	TBC
2:50 – 3:20	Q&A	Jane Flynn
3:20	Meeting Close	Margie Oakander

Scientific Planning Committee:



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