ONDEMAND AGENDA

CCRN'S 4TH ANNUAL

CONFERENCE

CONFERENCE

PARADIGMS IN FAMILY PRACTICE

PERFECTING PRIMARY CARE

VIEW ONDEMAND







ONDEMAND AGENDA

CONFERENCE LEARNING OBJECTIVES:

- Apply evidence-based and guideline-centric care for patients in primary care
- Determine and understand patient needs to provide patient-centered care

SEPTEMBER 20, 2024

| TIME | SESSION TITLE | FACULTY |
|-------------|--|--|
| 10:00am EDT | Welcome & Introduction | |
| 10:05am EDT | The Power of CGM: Changing Diabetes Management in Primary Care | Dr. Alice Y.Y Cheng |
| 11:15am EDT | Menopause: Focus on Vasomotor Symptoms | Dr. Marla Shapiro |
| 12:15pm EDT | Virtual Exhibit Hall & Refreshment Break | |
| 1:00pm EDT | Moving Beyond Weight: Understanding Obesity and its Comorbidities | Dr. Sarah Cawsey |
| 2:10pm EDT | Maximizing the Uptake of HPV Vaccination for All Ages: Practical Case Studies and Strategies for Protection | Dr. Nancy Durand & Dr. Vivien Brown |
| 3:20pm EDT | Act Now! Implementing a Flow Algorithm to Achieve LDL-C Threshold Rapidly in the Post-MI Patient in Primary Care | Dr. Milan Gupta |
| 4:30pm EDT | Closing Remarks | |

SEPTEMBER 27, 2024

| TIME | SESSION TITLE | FACULTY |
|-------------|---|---------------------------|
| 10:00am EDT | Welcome & Introduction | |
| 10:05am EDT | The Basal Blueprint: Insulin Management in Primary Care | Dr. Jonathan Vecchiarelli |
| 11:15am EDT | Updates in Allergic Rhinitis Treatments: A Move Towards Long-Term Disease Control | Dr. Alan Kaplan |
| 12:15pm EDT | Virtual Exhibit Hall & Refreshment Break | |
| 1:00pm EDT | Early Risk Assessment and Management of the DKD Patient: Patient Focused Care for People Living with Diabetes | Dr. Navdeep Tangri |
| 2:10pm EDT | Implementing a New Immunization Program for All Infants? A Look at RSV in Infants | Dr. Saul Greenberg |
| 3:20pm EDT | MASLD Toolkit: Practical Skills for Primary Care Providers | Dr. Juan Pablo Arab |
| 4:30pm EDT | Closing Remarks | |



FRIDAY, SEPTEMBER 20, 2024 - ENGLISH - DAY 1

10:05 am-11:05 am

The Power of CGM: Changing Diabetes Management in Primary Care

Dr. Alice Y.Y. Cheng

At the conclusion of this activity participants will be able to:

- Describe available glucose sensor systems
- Demonstrate how glucose sensors can:
 - Improve safety for persons living with diabetes
 - Act as a feedback tool for lifestyle change
 - Simplify diabetes management for clinicians
- Review sensor reports efficiently to guide clinical decisions

11:15 am - 12:15 pm

Menopause: Focus on Vasomotor Symptoms

Dr. Marla Shapiro

At the conclusion of this activity participants will be able to:

- Discuss the prevalence and burden of menopausal symptoms, including vasomotor symptoms (VMS)
- Explain the pathophysiology of VMS due to menopause
- Recognize and assess menopausal symptoms and formulate options for treatment, with a particular focus on VMS

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Virtual Exhibit Hall & Refreshment Break

1:00 pm – 2:00 pm

Moving Beyond Weight: Understanding Obesity and its Comorbidities

Dr. Sarah Cawsey

At the conclusion of this activity participants will be able to:

- Address some of the most frequently asked questions on the topic of obesity using the latest data and evidence-based guidelines
- Recognize the correlation between obesity and its impact on cardiovascular disease and outcomes

2:10 pm - 3:10 pm

Maximizing the Uptake of HPV Vaccination for All Ages: Practical Case Studies and Strategies for Protection

Dr. Nancy Durand & Dr. Vivien Brown

At the conclusion of this activity participants will be able to:

- Implement practical approaches to increase HPV vaccine uptake
- Effectively communicate to unvaccinated people the need for and benefits of HPV vaccination

3:20 pm - 4:20 pm

Act Now! Implementing a Flow Algorithm to Achieve LDL-C Threshold Rapidly in the Post-MI Patient in Primary Care

Dr. Milan Gupta

At the conclusion of this activity participants will be able to:

- Discuss the role of the primary care physician in helping post-MI patients achieve rapid guideline-recommended LDL levels to prevent recurrent events
- · Apply an evidence-based approach to achieve guideline-recommended LDL levels and reduce cardiovascular risk
- Implement a post-MI flow sheet to provide optimal risk factor management



FRIDAY, SEPTEMBER 27, 2024 - ENGLISH - DAY 2

10:05 am-11:15 am

The Basal Blueprint: Insulin Management in Primary Care

Dr. Jonathan Vecchiarelli

At the conclusion of this activity participants will be able to:

- Determine when insulin should be initiated in the diabetes treatment continuum.
- Differentiate between the basal insulin options available.
- · Describe common barriers associated with basal insulin initiation and titration and identify strategies to mitigate risk.
- Determine the initiation and titration of a person with type 2 diabetes starting basal insulin.
- Describe how to switch a person from one basal insulin to another.

11:15 am - 12:15 pm

Updates in Allergic Rhinitis Treatments: A Move Towards Long-Term Disease Control

Dr. Alan Kaplan

At the conclusion of this activity participants will be able to:

- Review the diagnosis and management of Allergic Rhinitis (AR)
- Update the practitioner on the treatment of AR with a focus on long-term symptoms management
- Review and take action on an Algorithm to administer sublingual immunotherapy tablets (SLIT-t) or refer to an allergist

12:15 pm - 1:00 pm

Virtual Exhibit Hall & Refreshment Break

1:00 pm - 2:00 pm

Early Risk Assessment and Management of the DKD Patient: Patient Focused Care for People Living with Diabetes

Dr. Navdeep Tangri

At the conclusion of this activity participants will be able to:

- Understand the importance of early detection of chronic kidney disease in patients with type 2 diabetes in order to mitigate risk of vascular disease progression
- Incorporate tools to evaluate risk for kidney disease progression in everyday practice to further individualize patient care with comprehensive guideline-based treatment approaches

2:10 pm - 3:10 pm

Implementing A New Immunization Program for All Infants? A Look at RSV in Infants

Dr. Saul Greenberg

At the conclusion of this activity participants will be able to:

- Explain the burden of disease related to RSV in all infants by reviewing the epidemiology and clinical factors for infection
- Describe RSV prevention strategies, recognizing opportunities to prevent RSV in infants with novel monoclonal antibodies and maternal vaccines
- Recognize emerging NACI immunization recommendations for all-infant RSV prophylactic programs under a publicly funded model and how this may impact hospital and community settings
- Explore global experiences and learnings with infant prophylaxis for RSV

3:20 pm - 4:20 pm

MASLD Toolkit: Practical Skills for Primary Care Providers

Dr. Juan Pablo Arab

At the conclusion of this activity participants will be able to:

- Describe the new nomenclature and underlying pathophysiology of metabolic dysfunction-associated steatotic liver disease (MASLD).
- Explain the screening and assessment of people at risk of MASLD.
- Explore the current evidence and future areas of research for MASLD.
- Develop the most appropriate strategy for managing a patient with MASLD in primary care.

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