

CARDIOVASCULAR DISEASE IN SOUTH ASIANS CONFERENCE

PARTNERING FOR A HEALTHIER FUTURE



**RECORDED
LIVE ON:**

Session 1: Wednesday, October 23, 2024

Session 2: Wednesday, October 30, 2024

Time: 7:30 - 9:30 pm EDT

Conference Objective:

Identify, evaluate, and treat South Asian patients with and at risk for cardiovascular disease.

ONDEMAND WEBCAST.

Agenda

Session 1		Wednesday, October 23, 2024		Co-Chairs: Milan Gupta/Alka Kanaya	
Time	Topic	Speaker			
7:00 pm	Opening Comments				
7:10 pm	ASCVD in South Asians – a North American perspective Describe the burden of ASCVD of South Asians in North America	Alka Kanaya San Francisco, CA			
7:30 pm	Polygenic risk scores or epigenetics – what explains the excess risk? Discuss possible hypotheses underlying the excess ASCVD risk in South Asians	Aniruddh Patel Boston, MA			
7:50 pm	Emerging risk markers – Lp(a) and coronary calcium Determine the role of Lp(a) and coronary calcium score on cardiovascular risk stratification	Khurram Nasir Houston, TX			
8:10 pm	Clinical risk assessment in South Asians Describe approaches to risk assessment for South Asian patients	Jaideep Patel Ellicott City, MD			
8:30 pm	Discussion				
9:00 pm	Closing				

Session 2		Wednesday, October 30, 2024		Co-Chairs: Milan Gupta/Alka Kanaya	
Time	Topic	Speaker			
7:00 pm	Opening Comments				
7:10 pm	Presentation of the 2024 SANSAR/Burgundy Young Investigator Award				
7:30 pm	Optimizing lifestyle behaviours in South Asians Identify strategies to optimize lifestyle behaviours that reduce cardiovascular risk for South Asian patients	Namratha Kandula Chicago, IL			
7:50 pm	Lipid management Identify culturally appropriate assessment and management strategies for South Asian patients with dyslipidemia.	Milan Gupta Brampton, ON			
8:10 pm	Diabetes/obesity/CKD management Identify culturally appropriate assessment and management strategies for South Asian patients with diabetes, obesity and/or CKD.	Akshay Jain Surrey, BC			
8:30 pm	Roundtable Discussion: Developing a plan forward Consider broad North American strategies to reduce the burden of ASCVD amongst South Asians	All			
9:00 pm	Closing				



Planning Committee:

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This program is hosted by SANSAR

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