ANNOUNCING CCRN'S

he **Scale**

OBESITY SUMMIT '24

CCRN's inaugural "Beyond the Scale - Obesity Summit" will cover broad aspects of obesity medicine with a focus on the patient voice. With a patient focus at heart, this conference aims to deliver the latest evidence in management of obesity and related complications to Canada's healthcare professionals.

December 13, 2024

10:00 am - 6:00 pm EST

Program Themes

THEME ONE: The brain, the liver and food

THEME TWO: Mental health

THEME THREE: The heart and beyond

Accreditation

This 1-credit-per-hour Group Learning program has been reviewed by the College of Family Physicians of Canada and is awaiting final certification by College's Ontario Chapter.

Conference Learning Objectives:

- Examine the impact of obesity on patients and apply a patient focused approach to obesity management
- obesity management
- Recognize the pharmacological and psychological aspects of obesity care
- O Define appropriate treatment strategies to reduce risk from comorbid conditions

Scientific Planning Committee



Milan Gupta Co-Chair MD, FRCPC, FCCS, CPC(HC) University of Toronto



Sean Wharton Co-Chair MD, PharmD University of Toronto



Denise Campbell-Scherer MD, PhD, CCFP, FCFP University of Alberta



Sandra Elia

Ultra-Processed Food Addiction Counselor Board Chair / Director, Education & Patient Advocacy, Obesity Matters



Yvonne Kangong MD, MPH, CCFP, DABOM University of Calgary



Anil Maheshwari MD, CCFP, DABOM, DABFM McMaster University

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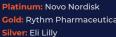
For inquiries regarding this program, please contact info@ccrnmd.com.







Gold: Rythm Pharmaceuticals



AGENDA

Friday, December 13, 2024



TIME	TOPIC	LEARNING OBJECTIVE	SPEAKER
10:00 - 10:10	Welcome		
10:10 - 10:20	The impact of obesity: the patient voice	Recognize the impact of obesity on patients' lives	Sandra Elia
OPENING AD	DDRESS		
10:20 - 10:40	Integrated Obesity Care - specialists and generalists treating the same disease	Describe a shared-care approach to managing patients with obesity	Arya Sharma
10:40 - 10:50	Discussion		
THEME 01	THE BRAIN, THE LIVER AND FO	OD	
10:50 - 10:55	Introduction		
10:55 - 11:15	What you need to know about steatotic liver disease	Describe the impact of recent data and new treatment options for steatotic liver disease	Lee Kaplan
11:15 - 11:35	Rare genetic forms of obesity – are they underdiagnosed?	Explain how to diagnose rare genetic forms of obesity and examine treatment options	Megha Poddar
11:35 - 11:55	Sorting through popular diets - is one best?	Examine various diets to determine an appropriate approach for patients with obesity	John Sievenpiper
11:55 - 12:15	Social determinants of health	Identify non-medical factors that influence health outcomes for patients with obesity	Lisa Richardson
12:15 - 12:40	Discussion		
12:40 - 1:20	LUNCH BREAK		
KEYNOTE AD	DDRESS		
1:20 - 1:25	Introduction		
1:25 - 1:50	Can the FDA address obesity beyond BMI?	Explore national policy interventions to address obesity at a population level	TBC
1:50 - 2:00	Discussion		



TIMES	ТОРІС	LEARNING OBJECTIVE	SPEAKER
THEME 02	MENTAL HEALTH		
2:00 - 2:05	Introduction		
2:05 - 2:25	Obesity and mental health issues: chicken and egg?	Recognize the interplay of mental health issues and obesity	Sanjeev Sockalingam
2:25 - 2:45	How can we implement best clinical practices to avoid weight bias, stigma & discrimination?	Recognize the impact of bias, stigma and discrimination from the patient's perspective	Angela Alberga
2:45 - 3:05	Physiology of energy regulation	Explain the role of the brain in regulating weight	Eric Doucet
3:05 - 3:25	Behavioural and psychological interventions	Utilize behavioural and psychological interventions that will help patients with obesity	David Macklin
3:25 - 3:50	Discussion		
3:50 - 4:05	REFRESHMENT BREAK		
THEME 03	THE HEART AND BEYOND		
4:05 - 4:10	Introduction		
4:10 - 4:30	The link between obesity, heart failure, and cardiorenal disease	Identify the interplay between obesity on heart failure and cardiorenal disease	TBC
4:30 - 4:50	Targets for risk reduction in CAD: obesity, LDL-C, TG, Lp(a)	Examine treatment strategies to reduce risk for patients with obesity and CAD	Milan Gupta
4:50 - 5:10	Interventions in heart failure, sleep apnea and obesity	Define treatment strategies for managing comorbidities for patients with obesity	Atul Malhotra
5:10 - 5:30	The future of obesity management	Explore future options in obesity management	Daniel Drucker
5:30 - 5:55	Discussion		



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