



8TH ANNUAL

STATE OF THE HEART

Saturday, September 30, 2017
9:00 a.m. – 4:00 p.m.

University of Toronto Mississauga,
3359 Mississauga Road, Mississauga, ON, L5L 1C6
Room: Kaneff Building: KN137

Registration: \$100

CCRN member discount and group rates available.
(covers attendance at the full day program, meeting materials, all meals, and refreshments).

Accreditation:

College of Family Physicians of Canada – Mainpro+:

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 5.5 Mainpro+ credits.

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim a maximum of 5.5 hours (credits are automatically calculated).

For General Practitioners, Specialists, Nurses, Nurse Practitioners, Pharmacists, and Other Allied Health Professionals

CO-CHAIRS

Milan Gupta, MD, FRCPC, FACC
Associate Clinical Professor of Medicine,
McMaster University
Assistant Professor of Medicine,
University of Toronto
Medical Director, Canadian Collaborative
Research Network
Brampton, ON

Jacques Genest, MD
Professor and Novartis Chair in Medicine,
McGill University,
Scientific Director, Center for Innovative Medicine,
McGill University Health Center/
Royal Victoria Hospital
Montreal, QC

STEERING COMMITTEE

Ajay Kapur, MD, FRCPC
Clinical Instructor
University of Toronto
Toronto, ON

**Marla Shapiro, CM, CCFP,
MHSC, FRCPC, FCFP, NCMP**
Professor, DFCM
University of Toronto
Toronto, ON

**Michel Sergerie, RN,
MSN, CCN(c)**
McGill Hospital,
Montreal, QC

AGENDA

8:15 a.m.	Registration and Breakfast	
9:00 a.m.	Opening Remarks	
	Session 1: Year In Review	
9:10 a.m.	Diet, nutrition, and Cardiovascular risk – clearing the fog	Dr. Teik Ooi
9:30 a.m.	Cardiovascular outcomes trials in diabetes – so much to discuss!	Dr. Milan Gupta
9:50 a.m.	Anticoagulation and dual antiplatelet therapy: Is triple therapy necessary?	Dr. Shamir Mehta
10:10 a.m.	The latest in lipid-lowering: FOURIER, SPIRE and REVEL	Dr. Jacques Genest
10:30 a.m.	Panel Discussion	
11:00 a.m.	Health Break	
	Session 2: A Glimpse of the Future	
11:20 a.m.	Hot off the press: Inflammation as a target for lowering Cardiovascular events	Dr. Jacques Genest
11:40 a.m.	Obesity management – do we finally have effective options?	Dr. Megha Poddar
12:00 p.m.	Rivaroxaban in stable vascular disease – is this the demise of aspirin?	Dr. Stuart Connolly
12:20 p.m.	Ongoing clinical trials – what does the future hold?	Dr. Narendra Singh
12:40 p.m.	Panel Discussion	
1:10 p.m.	Lunch	
	Session 3: Practical Topics	
2:10 p.m.	How to properly diagnose hypertension and individualize Blood Pressure targets	Dr. Philip McFarlane
2:30 p.m.	Genetics in cardiovascular risk management – keeping it simple	Dr. George Thanassoulis
2:50 p.m.	How to initiate sacubitril/valsartan and in which heart failure patient?	Dr. Milan Gupta
3:10 p.m.	A primer on managing LDL-cholesterol	Dr. Robert Hegele
3:30 p.m.	Panel Discussion	
4:00 p.m.	Closing Remarks	

Registration on-line at:
www.ccrnmd.com

